



DANONE
NutriDay[®]



LOW FAT YOGHURT

Crafted with carefully selected vitamins & minerals:
 Source of vitamins A, B, D, E and zinc.

TARGET AUDIENCE:

Adults

AVAILABLE IN:

1 kg, 450 g, 200 g, 6 x 100 g

FLAVOURS:

Peach & Apricot; Fruit cocktail; Granadilla; Guava;
 Mixed berry; Mixed fruit & custard; Strawberry;
 Pineapple.



INGREDIENTS:

Low fat milk, reconstituted whey permeate powder, fruits** (6%), sugar, thickeners (modified maize starch, gelatine, maltodextrin), flavouring, preservative (potassium sorbate), yoghurt cultures (*Streptococcus thermophilus* and *Lactobacillus bulgaricus*), vitamins (vitamin A, B1, B2, nicotinamide, B6, folic acid, B12, biotin, pantothenic acid, D, E), zinc gluconate and colourants[^].

ALLERGENS: Contains cow's milk. May contain wheat (gluten).

TYPICAL NUTRITIONAL INFORMATION (AS PACKED)

Serving size 100 g

	Per 100g	%NRVs per serving
Energy (kJ)	315	
Protein (g)	2,5	4
Glycaemic Carbohydrate (g)	13	
of which total sugar (g)	9,9	
of which total added sugar (sucrose) (g)	5,7	
Total Fat (g)	1,4	
of which saturated fat (g)	0,9	
Dietary Fibre [#] (g)	0,0	
Total Sodium (mg)	38	
Vitamin A (µg)	135,0	15
Vitamin B1 (mg)	0,2	15
Vitamin B2 (mg)	0,2	15
Nicotinamide (mg)	2,4	15
Pantothenic acid (mg)	0,8	15
Vitamin B6 (mg)	0,3	15
Biotin (µg)	4,5	15
Folic Acid (µg)	60,0	15
Vitamin B12 (µg)	0,4	15
Vitamin D (µg)	2,3	15
Vitamin E (mg)	2,3	15
Calcium (mg)	85,7	7
Zinc (mg)	1,7	15

*NRV's = Nutrient reference values for individuals 4 years and older.

[#]Calculated using supplier information.

[^]Refer to individual packs for colourants.

**Dependent on variant.



DANONE
 ONE PLANET. ONE HEALTH