



DANONE  
**NuYriDay**<sup>®</sup>

**LOW FAT PLAIN YOGHURT**

**TARGET AUDIENCE:**

Adults

**AVAILABLE IN:**

1 kg

**FLAVOURS:**

Plain



**INGREDIENTS:**

Low fat milk, whey (liquid or reconstituted), thickeners (maize starch and gelatine), milk protein concentrate, yoghurt cultures (*Streptococcus thermophilus* and *Lactobacillus Bulgaricus*), and preservative (potassium sorbate).

**ALLERGENS:** Contains cow's milk. May contain wheat (gluten).

**TYPICAL NUTRITIONAL INFORMATION  
(AS PACKED)**

Serving size 100 g

	Per 100g	%NRVs per serving
Energy (kJ)	272	
Protein (g)	3,8	7
Glycaemic Carbohydrate (g)	7	
of which total sugar (g)	6,1	
of which total added sugar (sucrose) (g)	0,0	
Total Fat (g)	2,4	
of which saturated fat (g)	1,5	
Dietary Fibre <sup>#</sup> (g)	0,0	
Total Sodium (mg)	66	
Calcium (mg)	130,0	10

\*NRV's = Nutrient reference values for individuals 4 years and older.

<sup>#</sup>Calculated using supplier information.

