





HEALTH STAR RATING

# FULL CREAM FLAVOURED YOGHURT

Made with full cream milk
Source of iron
Source of vitamins A, B, D, E and Zinc

### **TARGET AUDIENCE:**

Kids 3+ years

#### **AVAILABLE IN:**

6 x 75 g

#### **FLAVOURS:**

Strawberry, Mixed fruit, Banana Strawberry, Granadilla, Apricot







#### **INGREDIENTS:**

Full cream milk, thickener (maize starch), sugar, milk mineral powder, preservative (potassium sorbate), yoghurt cultures (Streptococcus thermophilus and Lactobacillus bulgaricus), flavouring, colourants^, vitamins (A, B1, B2, nicotinamide, B6, folic acid, B12, biotin, pantothenic acid, D, E), ferric pyrophosphate and zinc gluconate.

## TYPICAL NUTRITIONAL INFORMATION (AS PACKED)

Serving size75 g

	Per 100g	Per 75g	%NRVs per
		serving	serving
Energy (kJ)	383	287	
Protein (g)	2.7	2.0	4
Glycaemic Carbohydrate (g)	12	9	
of which total sugar (g)	9.3	7.0	
of which total added sugar (sucrose) (g)	5.4	4.1	
Total Fat (g)	3.6	2.7	
of which saturated fat (g)	2.2	1.7	
Dietary Fibre# (g)	0,0		
Total Sodium (mg)	35	26	
Vitamin A (μg)	180.0	135.0	15
Vitamin B1 (mg)	0,2	0.2	15
Vitamin B2 (mg)	0,3	0.2	15
Nicotinamide (mg)	3.2	2.4	15
Pantothenic acid (mg)	1.0	0.8	15
Vitamin B6 (mg)	0,3	0.3	15
Biotin (μg)	6.0	4.5	15
Folic Acid (µg)	80.0	60.0	15
Vitamin B12 (μg)	0,5	0.4	15
Vitamin D (μg)	3.0	2.3	15
Vitamin E (mg)	3.0	2.3	15
Calcium (mg)	123.6	92.7	7
Iron (mg)	3.6	2.7	15
Zinc (mg)	2.2	1.7	15

<sup>\*</sup>NRV's = Nutrient reference values for individuals 4 years and older.

**ALLERGENS:** Contains cow's milk. May contain wheat (gluten).



<sup>\*</sup>Calculated using supplier information.

^Refer to individual packs for colourants.