



**HEALTH STAR  
RATING**

**MEDIUM FAT FLAVOURED DAIRY SNACK**

Source of 8 x B-vitamins and calcium!

## TARGET AUDIENCE:

Adults & families

## AVAILABLE IN:

1kg, 500ml, 250ml

## FLAVOURS:

Strawberry  
Granadilla  
Apricot  
Mixed Berry



## INGREDIENTS:

Medium fat milk, whey (liquid or reconstituted), sugar, thickeners (modified maize starch, tapioca starch), yoghurt cultures (streptococcus thermophilus, lactobacillus bulgaricus). Preservative (potassium sorbate), flavouring, colourant, vitamins (B1, B2, nicotinamide, pantothenic acid, B6, biotin, folic acid, B12), tricalcium citrate.

**ALLERGENS:** Contains cow's milk.

## TYPICAL NUTRITIONAL INFORMATION (AS PACKED)

Serving size 250ml

	Per 100ml	Per 250ml	%NRVs per serving
Energy (kJ)	253	633	
Protein (g)	1.6	4.8	7
Glycaemic Carbohydrate (g)	10	25	
of which total sugar (g)	9.9	24.8	
of which total added sugar (sucrose) (g)	5.9	14.8	
Total Fat (g)	1.5	3.8	
of which saturated fat (g)	0.9	2.3	
Dietary Fibre# (g)	0.0	0.0	
Total Sodium (mg)	20	50	
Vitamin B1 (mg)	0,1	0,2	15
Vitamin B2 (mg)	0,1	0,2	
Nicotinamide (mg)	1.0	2.4	15
Pantothenic acid (mg)	0.3	0.8	15
Biotin (µg)	2	5	15
Folic Acid (µg)	24	60	15
Vitamin B12 (ug)	0.1	0.4	15
Calcium (mg)	78.3	195,8	15

\*NRV's = Nutrient reference values for individuals 4 years and older.

#Calculated using supplier information.



**DANONE**  
ONE PLANET. ONE HEALTH