



DOUBLE CREAM PLAIN YOGHURT



TARGET AUDIENCE:

Adults

AVAILABLE IN:

900 g

FLAVOURS:

Plain







INGREDIENTS:

Full cream milk, cream, thickener (maize starch), whey (liquid or reconstituted), yoghurt cultures (Streptococcus thermophilus and Lactobacillus Bulgaricus), and preservative (potassium sorbate).

ALLERGENS: Contains cow's milk. May contain wheat (gluten).

TYPICAL NUTRITIONAL INFORMATION (AS PACKED)

Serving size 100 g

	Per 100g	%NRVs per serving
Energy (kJ)	420	
Protein (g)	3.4	5
Glycaemic Carbohydrate (g)	5	
of which total sugar (g)	4.9	
of which total added sugar (sucrose) (g)	0.0	
Total Fat (g)	7.5	
of which saturated fat (g)	4.6	
Dietary Fibre [#] (g)	0.0	
Total Sodium (mg)	41	
Calcium (mg)	121.0	9

^{*}Calculated using supplier information.



^{*}NRV's = Nutrient reference values for individuals 4 years and older.